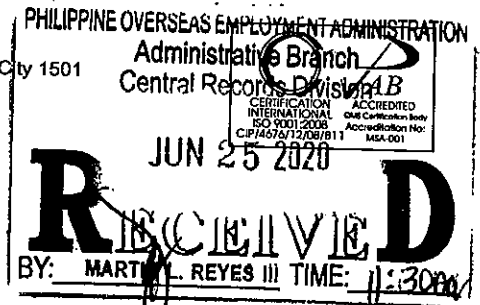




Philippine  
Overseas  
Employment  
Administration

Republic of the Philippines  
Department of Labor and Employment  
BFO Building, Ortigas Avenue cor. EDSA, Mandaluyong City 1501  
Website: www.poea.gov.ph E-mail: info@poea.gov.ph  
Hotlines: 722-1144, 722-1155, 722-1166, 722-1177

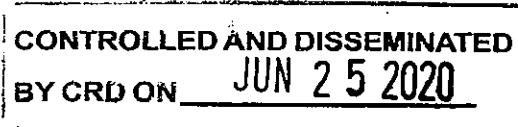
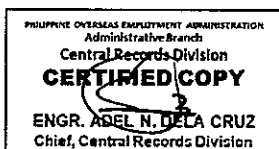


**ADVISORY No. 86**  
**Series of 2020**

**United Kingdom's (UK) Border Rules and Exemptions to all Inbound Travelers**

The Government of the United Kingdom (UK) announced travel and quarantine rules for its residents and migrant workers, including UK-bound travelers and visitors that took effect on 8 June 2020 as part of the measures implemented by Kingdom to contain the spread of COVID-19, as follows:

- 1) *Providing Contact Details Prior to Travel to the UK.* Prior to travels to the UK, an online form that can be accessed through the UK government website, [www.gov.uk](http://www.gov.uk) should be filled out providing one's journey and contact details for health monitoring purposes. Refusal to comply with the said requirement can be a ground for denial of one's entry into UK in the case of visitors. For British or UK residents who fail to meet this requirement, a fine of £100.00 shall be imposed.
- 2) *Self-Isolation Upon Arrival*
  - a) Upon arrival, self-isolation for a period of fourteen (14) days is required either at the home or a place of choice by the traveler. If self-isolation is not possible in any of the said places, the UK Visas and Immigration (formerly UK Border) will help identify an accommodation.
  - b) The use of public transportation from the airport to one's place is discouraged. If this cannot be avoided, social distancing of at least two (2) meters apart from other people and use of face cover is advised.
  - c) For the duration of 14 days, leaving isolation is not allowed except in case of emergency, or for medical, or compassionate reasons like attending the funeral of a close family member or for the needed social services.
  - d) Anyone in violation of the self-isolation requirement will be fined £1,000.00.



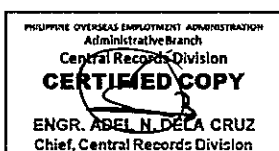
3) *Exemptions from Data Collection and/or Self-Isolation.* Those travelling from Ireland, the Channel Islands and the Isle of Man are not required to accomplish the online form nor observe self-isolation.

a) Travelers belonging to the following categories are not covered by data collection:

- members of diplomatic missions (non-UK) and consular posts in the United Kingdom, officers, servants or representatives of international organizations and their families or dependents;
- defense personnel and contractors required to deliver defined essential defense tasks, including visiting forces or NATO; and
- officials required to work on essential border security duties

b) Further exempted from self-isolation requirements are the following:

- transit passengers or individuals transiting to a country outside of the Common Travel Area, who remains airside and does not pass border control;
- registered health or care professionals travelling to the UK to provide essential healthcare, where healthcare means all forms of healthcare services including mental and physical health;
- persons who have travelled to the UK for the purpose of transporting, to a healthcare provider in the UK, material which consists of, or includes, human cells or blood which are to be used for the purpose of providing healthcare;
- individuals arriving to attend pre-arranged treatment or healthcare to be carried out in the UK.
- medical live donors and those accompanying the individual, for example a carer or a child;
- seafarers and masters
- pilots, as defined in paragraph 22(1) of Schedule 3A of the UK Merchant Shipping Act
- inspectors and surveyors of ships
- airline crews, as defined in paragraph 1 of Schedule 1 to the Air Navigation Order 2016(h), where such crew have travelled to the UK in the course of their work



**CONTROLLED AND DISSEMINATED**  
BY CRD ON JUN 25 2020

The complete list of exemptions from self-isolation requirements in the UK can be accessed through the following link:

<https://www.gov.uk/government/publications/coronavirus-covid-19-travellers-exempt-from-uk-border-rules>

For the information and guidance of all concerned.

  
**BERNARD P. OLALIA**  
*Administrator*

25 June 2020

Sources:

- 1) UK Government's Official website: <https://www.gov.uk/>
- 2) POLO London

